

“Tyler is Golden”

Designated a Heart and Stroke Healthy City

**Mayor's
Downtown Fit
Walk 2009**

March 25 @ 11:30 a.m.

Downtown Square

Join the Mayor for a one mile fit walk through downtown Tyler to celebrate Tyler's designation as a “Golden” Heart and Stroke Healthy City.

Free T-Shirts for the first 150 walkers

Chair massages by Balance

Lunch from CiCi's

Water and nutrition information from the East Texas Food Bank

ETMC breast cancer education

And much more!